

# Archdiocese of Santa Fe Office of Youth, Young Adult & Campus Ministry

**National Suicide Prevention Lifeline- 1-800-273-8255**

**NM Crisis and Access Helpline 1-855-662-7474**

The state of New Mexico has launched NMConnect, a new phone app that provides free 24-hour crisis and non-crisis support and access to behavioral health professionals who can text or talk via phone with individuals needing a listening ear or referrals to longer-term support. The app links users to the New Mexico Crisis Access Line (NMCAL), which provides safety net services statewide. *NMCAL is still available via phone 24/7 toll-free by calling 1-855-NMCRISIS (1-855-662-7474). April 2020*

**Agora Crisis Center 1-866-HELP-1-NM (Toll Free)**

A place that anyone can call when they have something to say. You don't have to loneliness, or just to vent! Phones are staffed by trained volunteers from the greater Albuquerque area.

## **Family Resources**

**YDI New Mexico- South Valley location for Family counseling-505-877-3533**

**ASF Office of Family Life-505-831-8117-Bereavement Support**

**United Way Central New Mexico- 505-247-3671**

Your parish contact to help is

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