

Each day during lent I will pray 5 Hail Mary's & Our Father's for the intentions of my family.

Each day during lent I will do 2 good deeds for my family.

During lent I will pray for all children who are suffering either from illness or poverty.

Every morning I will clean my room without being told during lent.

During lent I will ask for one extra job from my parents to help them.

During lent I will spend 15 minutes helping my brother/sister with their schoolwork or chores each day.

Each day during lent I will learn about one patron saint and will try to be as good as they were.

Refrain from watching TV more than 1 hour a day instead spend time doing good deeds.

During Lent attend mass at least one day a week or more if possible and offer your mass for those in need.

Receive the sacrament of reconciliation and attend mass every Sunday and more if possible.

Each morning during lent before school say 5 Our Father's & Hail Mary's for the intentions of your family.

Make a list of 45 good deeds place each individual deed in a jar/basket/box and each day during lent you pick one and do it.

Each day during lent I will spend 15 minutes of doing acts of kindness for my Mother.

Each day during lent I will spend 15 minutes of doing acts of kindness for my Father.

I will put a quarter in a jar every time I fight with my brother/sister during lent. At Easter, donate the money to the Children's hospital or St. Vincent de Paul to help feed the children in our community.

Each day during lent I will help a family member or neighbor with one special task.

Each day during lent I will talk to those kids at school who do not have friends or are sad and pray for them.

Every time I disrespect my parents/adults, I will pray two Hail Mary's and two Our Father's and I will ask for forgiveness.

