

# Lenten Calendar

Ash  
Wednesday  
Go to mass.

Thursday  
Do a good deed.

Friday  
Be especially obedient today.

Saturday  
Cut your TV time down by 2 hours.

1<sup>st</sup> Sunday  
Be attentive at Church today. Read Mark 1:12-15

Monday  
Read Psalms 51

Tuesday  
Give up something you enjoy eating just for today.

Wednesday  
Say an extra prayer today.

Thursday  
Call or visit someone who is lonely

Friday  
Send a card to someone who needs cheering up.

Saturday  
Pray for all people who are in the hospital.

2<sup>nd</sup> Sunday  
Give extra money you saved to the poor.

Monday  
Smile at everyone you meet today.

Tuesday  
Read Matthew 23:1-2

Wednesday  
Get up extra early to say a prayer of thanks.

Thursday  
Go out of your way to help someone today.

Friday  
Read Matthew 21:33-43, 45-46

Saturday  
Do an extra chore CHEERFULLY today.

3<sup>rd</sup> Sunday  
Offer your mass for family members.

Monday  
Pray for the homeless.

Tuesday  
Be extra nice to everyone you meet today.

Wednesday  
Give clothes or toys that you don't use any more to the needy.

Thursday  
Read Luke 11:14-28

Friday  
Forgive someone who hurt you.

Saturday  
Do something extra nice for a family member.

4<sup>th</sup> Sunday  
Pray for all people who are out of work.

Monday  
Visit or call someone who is sick.

Tuesday  
Read John 5:1-16

Wednesday  
Clean up your neighborhood... pick up trash near home.

Thursday  
Tell someone you LOVE them today.

Friday  
Read John 7:1-2, 10, 25-30

Saturday  
Pray for the sick.

<u>5th Sunday</u> Do something together with you family.	<u>Monday</u> Donate food to the hungry.	<u>Tuesday</u> Read a book to a child today.	<u>Wednesday</u> Read John 8:31, 42	<u>Thursday</u> Be nice to someone you don't like.	<u>Friday</u> Read a story about a Saint today.	<u>Saturday</u> Let someone else choose the TV programs today.
<u>Palm Sunday</u> List closely to the PASSION OF CHRIST at Mass.	<u>Monday</u> Give up watching TV today.	<u>Tuesday</u> Read John 13:21-33, 36-38	<u>Wednesday</u> Read Psalms 22:2-6, 23-25	<u>Holy Thursday</u> Say a special prayer for all the children who don't have a family.	<u>Good Friday</u> Pray the STATIONS OF THE CROSS.	<u>Holy Saturday</u> Read Romans 6:3-11
<u>Easter Sunday</u> Rejoice in the resurrection of the Lord. Go to Mass!!	<u><b>Happy Easter!!!!</b></u>					